



At Thomas Coram Centre

(Thursday 6th, 13th, 27th February and 7th and 13th March 2025)

Introductory Coffee Morning this Thursday 6th February

Lana, our parenting partner for this course has only had one reply to attend the introductory coffee morning this Thursday 6th February.

This is a really great, free course!

The aim is to help you recognise your strengths as a parent and to enjoy your relationship with your child as you teach them new social and emotional skills.

It will help you:

- Understand your child's emotions
- Encourage good behaviour
- Take the stress out of parenting

You can confirm your attendance via the



Or just let Philli in our office know