



Week 1 and 3	Lunch	Tea
Monday	Spaghetti Bolognese Vegetable Mince Bolognese Yoghurt	Baked Potato and Cheese Pie Fresh fruit
Tuesday	Ratatouille Rice, Grated Cheese, Sweetcorn Fruit platter	Vegetable Burgers Cucumber and tomato salad Fresh fruit
Wednesday	Roast Chicken Quorn Roast Potatoes, Carrots Banana custard	Butter Bean Dip Pitta Bread Carrot and Pepper Sticks Fresh fruit
Thursday	Pasta Bake in Basil and Tomato Sauce Mixed Vegetables Carrot cake	Lentil and Sweet Potato Soup Wholemeal bread Fresh fruit
Friday	Fish and Sweetcorn Pie Vegetable Pie Peaches in fruit juice, vanilla ice cream	Mexican Bean and Cheese Wrap Fresh fruit
Week 2 and 4	Lunch	Tea
Monday	Chicken Korma Chickpea Korma Rice Fresh Fruit	Baked Potato Beans, Cheese Salad Fresh fruit
Tuesday	Mixed Bean and Root Vegetable Stew Herby Couscous/ Rice Apple Crumble and Custard	Parsnip Butter Bean and Apple Soup Wholemeal bread Fresh fruit
Wednesday	Sardine Spaghetti Vegetable Spaghetti Broccoli Yoghurt	Savoury Omelette Salad Fresh fruit
Thursday	Chickpea & Vegetable Biryani Black Eye Bean Biryani Banana Custard	Courgette and Tuna Pasta Cheese Pasta Fresh fruit
Friday	Fishcakes Potato Wedges, Garden Peas Carrot Cake	Pizza with Various Toppings Fresh fruit

All lunch meals are served with wholemeal bread, salad and water to drink